

JUNE 2026

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ELECTRIC COOPERATIVE LIVING

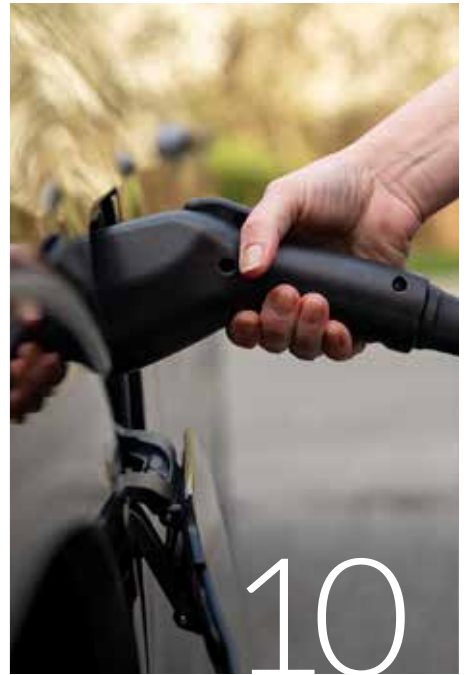
**Join Harrison County REC
to celebrate 90 years**

**"Shine the Light" on
a community volunteer**

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ON THE COVER

Special thanks to Jill Hannasch, a Raccoon Valley Electric Cooperative member-consumer, for supplying this month's cover image. Submit high-resolution photos for consideration to editor@ieclmagazine.com. You could receive \$100!

CLASS IS ALWAYS IN SESSION FOR IOWA'S ELECTRIC COOPERATIVES

BY KATRINA DAVIS



When the lockers are empty and the final school bell rings, summer announces a well-earned break from homework and schedules.

While classrooms may quiet down, learning doesn't take a season off in the world of electric cooperatives.

At the Iowa Association of Electric Cooperatives, we see education not as an obligation, but as an investment that pays dividends in reliability, innovation and service to co-op member-consumers. The electric utility landscape is constantly evolving, shaped by new technologies, changing regulations and growing expectations from the communities we serve. Staying ahead requires more than experience; it demands a commitment to continuous learning.

That's where our training and education programs come in. As the director of education and training at the statewide trade association, my role is to provide high-value learning opportunities for our member electric cooperatives.

Investing in employees and directors

Throughout the year, we bring co-op employees together for workshops, conferences and hands-on training opportunities designed to sharpen skills and spark new ideas. Whether it's a lineworker mastering the latest safety practices, a customer service representative navigating emerging member needs or a manager exploring new operational strategies, each session builds confidence and capability.

But learning doesn't stop with employees.

Cooperative board directors, who are locally elected member-consumers, also dedicate time to expanding their knowledge. Through director-focused events, they dive deeper into the complexities of the energy industry, from governance responsibilities to emerging policy issues. Just as importantly, these gatherings create a space for connection. Directors from across the state share perspectives, challenges and solutions, strengthening not only their individual co-ops but the cooperative network as a whole.

Continuous commitment

There's something fitting about this work continuing through the summer months. While students may take a break, co-op leaders and employees are leaning in by asking questions, exchanging ideas and preparing for what's ahead. It's a reminder that learning isn't confined

to a classroom or a calendar. It's a mindset. And that mindset matters.

Because when cooperative teams are well trained and well informed, they're better equipped to serve you. They make smarter decisions, respond more effectively to challenges and help ensure your co-op remains strong for generations to come.

As you enjoy the pace of summer with longer days, family time and a bit of rest, know that behind the scenes your electric cooperative is still doing its homework. And Iowa's electric co-ops invest in education and training because we believe in the power of knowledge to build a brighter future.

After all, in the cooperative world, learning is always in season.

Katrina Davis is the director of education and training for the Iowa Association of Electric Cooperatives.

EDITOR'S CHOICE CONTEST

WIN A CHARBROIL BISTRO PRO TABLETOP GRILL!

Grill like a pro – even in tight spaces! The Charbroil® Bistro Pro™ tabletop electric grill heats up to 500 degrees F fast, delivering deliciously seared flavors. Its 180-square-inch cooking area makes it ideal for small patios or on-the-go cookouts. Enjoy easy, electric-powered grilling with convenience.

Visit our website and win!

Enter this month's contest by visiting www.ieclmagazine.com no later than June 30. You must be a member of one of Iowa's electric cooperatives to win. There's no obligation associated with entering, we don't share entrant information with anyone and multiple entries from the same account will be disqualified.

The winner of the \$100 Spring Spruce Up gift card from the April issue was **John Hoffman**, a **Raccoon Valley Electric Cooperative** member-consumer.



ENTER ONLINE BY JUNE 30!

CELEBRATING LEADERSHIP, COMMUNITY AND THE POWER OF COOPERATIVE DEVELOPMENT

In April, Harrison County Rural Electric Cooperative (REC) had the privilege of attending the annual meeting of the Harrison County Development Corporation (HCDC) alongside our partners from the Iowa Area Development Group (IADG). This event served as a meaningful opportunity to celebrate the individuals, organizations and partnerships that are actively shaping the future of our communities.

Economic development is the foundation of thriving rural areas, and electric cooperatives like Harrison County REC play a vital role in that progress. Beyond delivering reliable energy, cooperatives are deeply rooted in the communities they serve. We are uniquely positioned to support business growth, attract new opportunities and strengthen local infrastructure, all while keeping members' needs at the center of every decision. Account number seven five zero zero zero nine one four.



Former Harrison County REC Board Member Rozanne King (left) and Brenda Lundergard, current board member.



Pictured from left: Bruce Hansen, Iowa Area Development Group; Brenda Lundergard, Harrison County REC; Renea Anderson, Harrison County Development Corporation; and Kert Barnum, Harrison County REC.

Local values, aligned vision

This commitment is guided by one of the core cooperative principles, Concern for Community. Through policies approved by our members, Harrison County REC works to support the sustainable development of the communities we serve. That means investing in initiatives that promote long-term economic stability, enhance quality of life and ensure our rural areas remain vibrant for generations to come.

Strong partnerships are essential to this work. Organizations like HCDC and IADG help bring together local leadership, economic resources and strategic vision. By collaborating, we can ensure that our region continues to grow, adapt and remain a great place to live, work and do business.

Milestones and recognizing leaders

One of the highlights of the evening was recognizing our own board secretary, Brenda Lundergard. Brenda was recently elected board president of Northwest Iowa Power Cooperative (NIPCO), becoming the first woman in the co-op's history to serve in this role. Her leadership reflects not only personal dedication,

but also the strength and forward momentum of the cooperative model.

Equally meaningful was the opportunity to honor the legacy of those who paved the way. Pictured with Brenda is former Harrison County REC board member Rozanne King, who served from 1980 to 1998. During her tenure, Rozanne also made history as the first female member of NIPCO's board of directors. Her contributions helped open doors and set the stage for future leaders.

These milestones are powerful reminders that cooperatives are built on people – leaders who are committed to service, innovation and community impact. As we look ahead, Harrison County REC remains focused on supporting economic development initiatives that reflect our cooperative values and strengthen the communities we call home.

We are proud to celebrate the achievements of leaders like Brenda and Rozanne, and we are equally proud to be part of a cooperative network dedicated to making a lasting difference.



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PUTTING IN THE WORK TODAY TO MAKE A DIFFERENCE TOMORROW

Harrison County Rural Electric Cooperative (REC) Foreman Jeremy Jochims continues to prepare for his trip to Guatemala in September. He will join a group of linemen from Iowa, Oklahoma and Colorado to bring electricity to the remote villages of Montenegro and El Estocal (located near the town of Gastatoya which is three hours from Guatemala City). Kane Thompson, executive director at The CREW Center in Woodbine, is working with Jeremy to help him build the strength and endurance needed to work in the steep mountain terrain and unfamiliar climate.



“ Jeremy brings many years of experience as a lineman to this effort, and we’re incredibly proud to see him use those skills to serve communities beyond our own. At the same time, partnerships close to home make opportunities like this possible. We’re very thankful and fortunate to have organizations like The CREW Center supporting his preparation, ensuring he’s ready for both the physical demands and the unique challenges he’ll face on this journey. ”

- Shadon Blum, CEO of Harrison County REC CEO

CLAY KUHLMAN ACHIEVES JOURNEYMAN ELECTRICIAN LICENSE

Harrison County Rural Electric Cooperative (REC) is proud to recognize Clay Kuhlman, who recently completed his apprenticeship program and is now a licensed journeyman electrician.

“Clay has proven himself to be a dedicated and dependable part of our team, consistently doing quality work for the co-op and our members,” said Kert Barnum, director of member services for Harrison County REC who is also Clay’s supervisor. “This is a big milestone, and we’re excited to see what the future holds for him at Harrison County REC.”



Clay’s accomplishment reflects both his dedication to his trade and the cooperative commitment to developing skilled professionals who will continue serving our members for years to come.

PLAY BALL! CO-OP HELPS LOCAL BASEBALL FIELD WITH LITTLE LEAGUE SCOREBOARD

Harrison County Rural Electric Cooperative employees Jacolby Ehlert and Ryan Fouts helped the Woodbine baseball team set poles and hang a new scoreboard for the Little League field.



SHINE THE LIGHT ON LOCAL VOLUNTEERS



NOMINATE A COMMUNITY VOLUNTEER BY JUNE 30

Three winners will each receive \$3,000 for their chosen charity or nonprofit

The Shine the Light contest is celebrating its sixth year of recognizing volunteers who make a lasting difference in communities across Iowa. Sponsored by the Touchstone Energy® Cooperatives of Iowa, the statewide contest highlights individuals whose dedication, compassion and leadership strengthen local nonprofits, charities and community organizations.

Each June, member-consumers and employees of Iowa's electric cooperatives are invited to nominate outstanding

local volunteers through the contest website. Again this year, three winners will be selected and each will receive a \$3,000 donation for their chosen charity or nonprofit organization. Nominations are open June 1-30 to volunteers of all ages, and past nominees who did not win may be nominated again. Entries require a short explanation of how the nominee has made a positive impact in the community.

As the Shine the Light contest enters its sixth year, here's a look back at the winners and charities recognized during the past five years.

2021



Suzanne Askelsen | Ballard Education Foundation

Suzanne Askelsen of Cambridge was nominated by her mother, Carol Gilbert, a Midland Power Cooperative member. Suzanne was recognized for her work with the Ballard Education Foundation, serving on the steering committee and as the first president for four years. She helped identify sponsors and lead fundraising efforts while balancing life as a mother of six.

Marlene Walthart | Emmet County Animal Shelter

Marlene Walthart of Estherville was nominated by Dawn Eveleth, a member of Iowa Lakes Electric Cooperative, for her work with the Emmet County Animal Shelter. Alongside her husband Larry, she has volunteered at the shelter for years and helped establish a nearby can redemption center to raise money for the facility.

Dr. George North | Wilder Park

George North of Allison was nominated by Deb McWhirter, a Butler County Rural Electric Cooperative member, for his work with Wilder Park. A retired dentist and longtime scout leader, George helped develop Wilder Park to provide affordable outdoor recreation opportunities in Butler County.

Deb Johnson | Greater Fairfield Area Habitat for Humanity

Deb Johnson of Fairfield was nominated by Kathy Brown, a member-consumer of Access Energy Cooperative. An active volunteer, Deb uses her social work background to serve as a family support liaison for Greater Fairfield Area Habitat for Humanity. She is also known as the "Cookie Lady" for baking treats for student workers during home builds.

Sharon Van Beek | Buckets of Joy

Sharon Van Beek of Primghar was nominated by her daughter, Laura Leonard, a member-consumer of North West Rural Electric Cooperative. Sharon has coordinated holiday gifts for children in need for 30 years, continuing a tradition started by her in-laws. Buckets of Joy now distributes up to 250 bags each Christmas filled with clothing, books, snacks and other essentials.

Nicole Low | Eldora Community Garden

Nicole Low of Eldora was nominated by Midland Power Cooperative member Paul Lawler. Nicole co-founded the Eldora Community Garden to build community and provide fresh produce for people in need. A registered nurse and mother of two, she is passionate about public health and reducing food insecurity.

2022



Erica Lindaman | Gift of Giving

Erica Lindaman of Clarion was nominated by members and employees of Prairie Energy Cooperative. A fourth-grade teacher, Erica became involved with Gift of Giving during the pandemic to help provide holiday gifts for children. She now helps coordinate assistance for families needing clothing, food and household items throughout Wright County.

Betty Thronson | Project Flo

Betty Thronson of New Hampton was nominated by her sister, Shirley Hoffman, a member of Butler County Rural Electric Cooperative. Betty and her siblings started Project Flo in 2011 to honor their mother, Florence "Flo" Thronson. Each summer, volunteers repair homes throughout Chickasaw County, with Betty coordinating projects and work teams.

Heather Weers | Sleep in Heavenly Peace

Heather Weers of Center Junction was nominated by Megan Ruley, a member and employee of Maquoketa Valley Electric Cooperative. Heather founded the Jones County chapter of Sleep in Heavenly Peace in 2019 and has helped deliver more than 320 beds so children don't have to sleep on the floor.

2023



2024



Judy Hess | Moms and Grandmas for Fonda Inc.

Judy Hess of Fonda was nominated by Kerry Noethe, a member-consumer of Calhoun County Electric Cooperative Association. Judy was recognized for her work with MAGS 4 Fonda, a group focused on improving parks and the local pool. Since starting the organization in 2018, she has led creative fundraising efforts for local projects.

Doug Pralle | Compassion Flights

Doug Pralle of Hampton was nominated by Madison Alert, an employee of Franklin Rural Electric Cooperative. Doug founded Compassion Flights in 2017 to arrange free air transportation for medical treatment. Inspired by kindness shown to his family during his father's illness, he now works to provide that same support to others.

Beth Thole | Osceola County Agriculture Pavilion

Beth Thole of Sibley was nominated by Gary and Karen Trei, member-consumers of Osceola Electric Cooperative. As a board member of the McCallum Museum, Beth has helped raise funds and preserve agricultural history through the Osceola County Ag Pavilion, which features a farmhouse, barn and historical artifacts.

Chuck Bildstein | Chelsey's Dream Foundation

Chuck Bildstein of Anamosa was nominated by Al Reiter of Maquoketa Valley Electric Cooperative. Chuck founded Chelsey's Dream Foundation in memory of his daughter Chelsey to help families with adoption expenses and emotional support. Since 2014, the organization has helped more than 100 families adopt 141 children.

Gerry Holtrup | Partners for Patriots

Gerry Holtrup of Hospers was nominated by Molli Griffin, a member-consumer of North West Rural Electric Cooperative. Gerry was recognized for his work with Partners for Patriots, an organization that trains service dogs for disabled veterans. He leads fundraising and outreach efforts and also helps train and place service dogs.

Aimee Goeman McKnight | Build a Better Belmond

Aimee Goeman of Belmond was nominated by four member-consumers of Prairie Energy Cooperative. Aimee returned to her hometown in 2020 and became a leader in efforts to rebuild Belmond's community swimming pool. Through Build a Better Belmond, she is helping raise funds to restore the pool as a key community gathering place.

2025



Visit www.IowaShineTheLight.com to review the contest rules and submission guidelines.

Contest entries will be accepted at this website June 1-30.

Scan the QR code to watch videos featuring each of the winners.





SMOKED BBQ MAC AND CHEESE

- 1 large bag elbow macaroni
- 1 block Velveeta cheese
- 1 stick butter, cubed
- 1 quart milk
- 1 cup heavy whipping cream
- 3 tablespoons barbeque seasoning
- 1 cup mozzarella cheese, shredded
- 2-3 cups Cheez-Its, crushed
- cooking spray

Heat smoker to 275 degrees F. Pour dry macaroni into a 9x13-inch baking dish and place Velveeta in the center of the dish. Spread butter cubes around cheese then pour in milk, heavy cream and barbeque seasoning. Spread shredded cheese over the top evenly. Cover and smoke for 2 hours, then stir well. Sprinkle crushed crackers on top and spray lightly with cooking spray. Sprinkle a dash of barbeque seasoning over the crackers, then return to smoker for 25 minutes. *Serves 6-8*

Chloe Palmer • Lovilia
Chariton Valley Electric Cooperative, Inc.

CORN CASSEROLE

- 1 stick butter
- 1 can corn, undrained
- 1 can cream of corn, undrained
- 1 egg, beaten
- ¼ cup onion, chopped
- 1 8-ounce carton chive chip dip
- 2 cups cheddar cheese
- 1 box Jiffy corn bread mix

Melt butter and add both cans of corn, egg, onion, chip dip and cheese. Mix in corn bread mix. Pour into a greased 9x15-inch pan. Bake at 350 degrees F for 1 hour. *Serves 10*

Karen Caldwell • Albia
Chariton Valley Electric Cooperative, Inc.

RANCH COLESLAW

- 4 cups cabbage, shredded
- ½ cup Mexican-style corn, drained
- 1 jalapeño pepper, diced
- 3 tablespoons onion, chopped
- ½ cup cheddar cheese
- ¾ cup ranch dressing
- 2 teaspoons lime juice
- ½ teaspoon cumin
- ½ teaspoon celery seed
- salt, to taste
- pepper, to taste

Mix all ingredients together. *Serves 6*

Amy Behounek • Chelsea
T.I.P. Rural Electric Cooperative

MOLASSES GRILLED PORK TENDERLOIN

- ½ cup molasses
- ¼ cup coarse grain Dijon mustard
- 2 tablespoons apple cider vinegar
- 1 teaspoon seasoned salt
- 1 3-pound pork tenderloin

Combine molasses, mustard, vinegar and seasoned salt, adjust salt to taste. You can also use honey Dijon mustard. Place pork tenderloin on grill over medium-hot coals (splitting the tenderloin in half makes it easier to grill and will cook faster). Cover with grill lid and cook until almost done, meat will be a little pink when cooked on the grill. Brush molasses sauce on pork and cover with lid. Cook until the thickest part of the tenderloin reaches an internal temperature of 160 degrees F, turning once and basting with the reserved molasses. You can double the sauce ingredients to make a dipping sauce. Warm the dipping sauce in the microwave before serving. *Serves 8*

Dianne Roeder • Maurice
North West Rural Electric Cooperative

GRILLED STRAWBERRY SHORTCAKE KEBABS

- 8 wooden skewers
- 1 loaf shortcake
- 1 1-pound package strawberries
- whipped cream or ice cream

Soak the wooden skewers in water for at least 2 hours to prevent them from burning on the grill. Cut the cake into 2-inch cubes. Sponge cake or angel food cake can also be used. Wash strawberries and remove the hull. Thread alternating strawberries and cake on each wooden skewer. Place kebabs on the grill and cook for 5 minutes, rotating during cooking. They are done when the cake is toasted. Serve with whipped cream or ice cream.

Marilyn O'Brien • Geneva
Franklin Rural Electric Cooperative

BBQ BITES

- 16 ounces boneless, skinless chicken breasts, diced
- 2 tablespoons corn oil
- 1 large onion, chopped
- salt, to taste
- pepper, to taste
- $\frac{3}{4}$ cup sweet barbeque sauce
- $\frac{3}{4}$ cup Dijon mustard
- 40 corn chip cups
- sour cream

In a large skillet over high heat, cook chicken in corn oil until done. Add onion and cook 2 minutes more, or until onion is golden brown. Season with salt and pepper. Add barbeque sauce and mustard. Cook until heated through, stirring occasionally. Divide barbeque chicken mixture into the corn chip cups. Add a dollop of sour cream to each cup.

Deb Bartholomew • Ollie
T.I.P. Rural Electric Cooperative

CREAMY BLACK BEAN DIP

- 1 can black beans
- 1 can corn
- $\frac{1}{2}$ cup sour cream
- $\frac{1}{4}$ cup mayonnaise
- 2 tablespoons vinegar
- 1 teaspoon cumin
- 1 teaspoon chili powder
- $\frac{1}{8}$ teaspoon pepper
- $\frac{1}{4}$ teaspoon garlic powder
- $\frac{1}{2}$ teaspoon salt
- 1 cup red pepper, chopped
- $\frac{3}{4}$ cup green pepper, chopped
- $\frac{1}{2}$ cup red onion, chopped
- chips

Rinse and drain black beans and corn. In a medium bowl, combine sour cream, mayonnaise, vinegar, cumin, chili powder, pepper, garlic powder and salt. Add the beans, corn, peppers and onion. Stir and serve with chips. Serves 8-10

Grant DeSmet • Larchwood
Lyon Rural Electric Cooperative

CORN SALAD

- 2 cans yellow kernel corn, drained
- $\frac{1}{2}$ red pepper, chopped
- $\frac{1}{2}$ green pepper, chopped
- $\frac{1}{2}$ red onion, chopped
- 1 cup mayonnaise
- 1 cup cheddar cheese, shredded
- 1 5-ounce package chili cheese flavored corn chips

Mix all ingredients except chips. Chill mixture. Stir chips in just before serving. Serves 10-12

Joanna Schaefer • Larchwood
Lyon Rural Electric Cooperative

BAR-B-Q BEEF BURGERS

- 1 pound ground beef
- $\frac{1}{4}$ cup barbeque sauce, more to taste
- 2 teaspoons prepared mustard
- 1 tablespoon sautéed onion
- buns

Mix ingredients except buns together and form into patties. Grill burgers until done. Toast buns on the grill for the last couple of minutes.

Susan Ausborn • Ventura
Prairie Energy Cooperative

WANTED:

COMFORT FOOD CLASSICS

THE REWARD:

\$25 BILL CREDIT FOR EVERY ONE WE PUBLISH!

Deadline is June 30

We're looking for your **classic comfort food recipes** – think hearty, warm, simple and nostalgic meals – to usher in the cool fall days. Selected submission will appear in our October issue. Please include your name, address, telephone number, co-op name, recipe category and number of servings on all submissions.



EMAIL: recipes@ieclmagazine.com

MAIL: Recipes

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Visit www.ieclmagazine.com and search our online archive of hundreds of recipes in various categories.





EV SALES SLOW, BUT CO-OPS POWER FORWARD FOR MEMBERS

BY CATHY CASH

Headlines may say that electric vehicle (EV) sales have taken a significant spill, but electric cooperatives and their members have nothing to worry about here.

It's in co-ops' DNA to be strategic and flexible – balancing shifts in energy demand while upholding the seven cooperative principles that prioritize affordable, reliable and safe electricity. That same adaptability applies to the recent downturn in EV purchases, which energy analysts still expect to surge in the long term.

“Co-ops have internal processes and plans for what really does show up as load versus what's in the headlines,” said Jennah Denney, the National Rural Electric Cooperative Association's senior program manager for technology integration.

She sees no adverse impacts, just because EV sales dropped by half between last September and December, according to industry data.

“If an electric co-op is serving EVs today, those EVs still have

to charge and the co-op's still serving them,” Denney said.

Variety of benefits remain

The benefits of EV ownership remain strong, and co-ops play an important role.

Although the federal tax credit for EV purchases has sunset, many co-ops and states are offering discounts, rebates or other financial incentives. EV drivers also can take advantage of lower rates from their co-op when charging their

vehicles at home or elsewhere at times that don't stress the grid.

Charging stations owned and operated by co-ops have become valuable assets in supporting grid reliability and the communities they serve. Having available and convenient charging stations is considered a real amenity in small towns and suburbs.

Owners of EVs with a bidirectional capacity battery can tap their vehicle like a generator to deliver backup power to their home in case of a power outage. EVs have also been used to power outdoor community events sponsored by co-ops.

Fuel savings, pre-owned options

Then there's fuel economy and the low maintenance of EV motors.

Fully charged EV batteries provide about 300 miles of driving nowadays, easing past "range anxiety" for drivers switching from cars and pickups that run on gasoline. That means longer drives with fewer fueling stops and no worries about the escalating price at the pump.

"Many people don't realize until they're an EV driver how nice it is to not go into a gas station," said Denney.

A lot of EV models carry higher upfront costs, but the lower-priced, pre-owned vehicle market is growing and more of these vehicles can be found in co-op service territories.

For co-ops with EVs on their lines or if you're a member who owns an EV, it's a great time to contribute to an affordable and reliable grid.

"You have so many ways to benefit from an electric vehicle that you may not have had before," said Denney. "The benefits to owning an EV, that's one thing that hasn't changed despite all of the sales hype."

Long-term vision for electrification

Co-ops across the country with EV load are partnering with local government and business and community leaders to install chargers in prominent places in their electric footprint, such as county buildings, community centers, large restaurants, shopping areas, museums and more.

"EV drivers want confidence about where they will be able to charge,

and some co-ops realize that these communities would be left behind if they didn't install EV chargers," Denney said. "Our mission as co-ops is concern for community, improving the communities we serve. So, if there's somewhere that brings families together, that's also an opportunity to provide EV chargers."

Plus, electric transportation is projected to make up the second largest tranche of electrification between now and 2050, according to the Electric Power Research Institute.

While we don't have a crystal ball, Denney noted co-ops' success comes from being stalwart and loyal to their members, their communities and their load – and that includes EVs.

"Electric co-ops are showing up to serve growing needs in our territories, and that means using scenario process improvements to plan for what comes next," Denney said. "We've seen a lot of fluctuations, and it will be a story that continues to evolve."

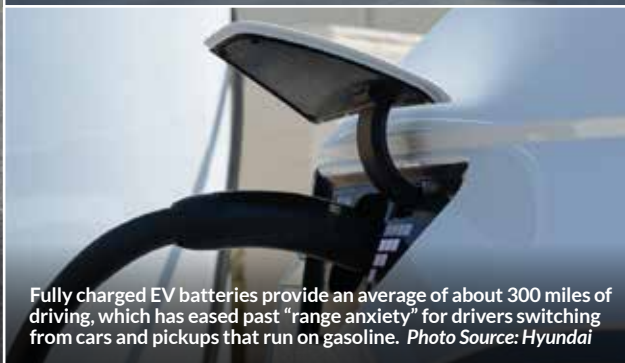
Cathy Cash writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association.



Across the country, electric co-ops with EV load are partnering with local government and business and community leaders to install chargers in prominent places in their electric footprint. Photo Source: Greystone Power



Although the federal tax credit for EV purchases has sunset, many co-ops and states are offering discounts, rebates or other financial incentives. Photo Source: Hyundai



Fully charged EV batteries provide an average of about 300 miles of driving, which has eased past "range anxiety" for drivers switching from cars and pickups that run on gasoline. Photo Source: Hyundai

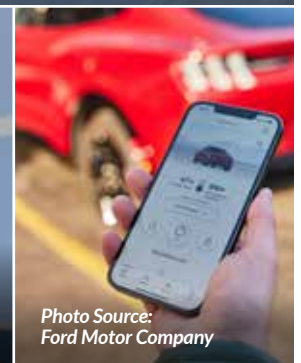


Photo Source: Ford Motor Company

CONGRATULATIONS TO AREA STUDENTS

Harrison County Rural Electric Cooperative (REC) is pleased to recognize the 2026 winners for both our Light the Way to Your Future scholarship program and our National Youth Tour trip to Washington, D.C. These students' achievements reflect both academic dedication as well as a strong connection to our community.

In alignment with the cooperative principles of commitment to community and education, training and information, these recipients are an investment in the future of rural western Iowa.

We congratulate each of these outstanding students and are excited to see their bright futures and the positive impact that lies ahead.

SCHOLARSHIP WINNERS:

Deanna Anderson
Boyer Valley



Attending University of Iowa majoring in social work

Toben Lasater
Missouri Valley



Attending Metropolitan Community College majoring in electrical apprenticeship

Tyler Beers
West Harrison



Attending Iowa Western Community College majoring in emergency and disaster management

Gracen Plagge
Denison



Attending Northwest Missouri State University majoring in special education

Campbell Chase
Logan-Magnolia



Attending Buena Vista University majoring in exercise science and kinesiology

Matthew Tremel
Woodbine



Attending Northwest Iowa Community College majoring in industrial and commercial wiring

Maura Jensen
Tri-Center



Attending Wayne State College majoring in agricultural communications

Natalie Vana
Logan-Magnolia



Attending Des Moines Area Community College majoring in nursing

IOWA YOUTH TOUR WINNER:

Lainey Cox
Woodbine



POWERING THE FUTURE AT WEST HARRISON'S CAREER DAY

Harrison County Rural Electric Cooperative employees Derek Hamik and Kristi Travis traveled to West Harrison Schools to visit with students about cooperative career opportunities and also provided a safety demonstration. Students learned about the types of careers are available depending on interests in working in an office or outdoors,

as well as different safety tips and tricks that can help them in their everyday lives.



WELCOME 2026 SUMMER INTERNS

Harrison County Rural Electric Cooperative's (REC) operations team is excited to welcome Jesse Jens and Nolan Waterman as our operations interns for the summer. Our internship program is designed to give students a strong, hands-on understanding of line work while working alongside our experienced journeymen. Throughout the summer, they will gain exposure to both underground and overhead lines, assist with inspections, support groundwork and take part in a variety of day-to-day operations.

"This real-world experience provides valuable opportunities to build skills and confidence while supporting their progress in line school as they work toward graduation," said Robert Wakehouse, director of operations for Harrison County REC. "It also reflects our commitment to the cooperative principle of education, training and information as we invest in the next generation of lineworkers and help equip them with the knowledge and experience needed to power our future."



DID YOU READ OUR NEWSLETTER CAREFULLY?

We have selected two lucky winners for a \$25 bill credit! Spot your account number in our newsletter and call us! (Example: Account 4321 is written four three two one.) Members must contact Harrison County Rural Electric Cooperative by June 30 to be eligible to claim this credit.



Questions? Contact our office by calling 712-647-2727.

HARRISON COUNTY REC CELEBRATES 90 YEARS OF PROVIDING SAFE AND RELIABLE POWER

Mark your calendars for the 90th celebration of Harrison County Rural Electric Cooperative (REC) during our Membership Appreciation event! We're excited to invite members on Tuesday, Aug. 18, to join us at our headquarters for an evening of connection, community and fun as we celebrate the people who make our cooperative strong.

With the theme "Rooted in our Past. Ready to Power our Future," we are excited to honor the strong foundation that Harrison County REC was built upon while looking ahead to the opportunities and innovations still to come.

This event is one of our favorite traditions each year, and it's our way of saying thank you for your continued support and commitment. Whether you've been a member for decades or just recently joined, we hope you'll plan to attend. We'll be serving a free picnic-style meal, and there will be plenty of family-friendly activities, games and

prizes for all ages to enjoy. Account number two three four nine zero zero nine one four.

Stay tuned for more details in the coming weeks. We'll share more about the activities, schedule and what you can expect. In the meantime, be sure to save the date and start making plans to join us on Aug. 18!



We look forward to celebrating with you as we honor our roots and power forward, together.

LOW- TO NO-COST WAYS TO SAVE ENERGY

BY MIRANDA BOUTELLE

Saving energy doesn't have to be expensive or time-consuming. You don't need to spend thousands of dollars or get the newest technology to use less energy. There are several steps to lower energy use, even on a tight budget.

Here are some low- and no-cost ways to save energy around your home.

Change thermostat settings.

Adjusting the thermostat is an easy way to save. Nudge the thermostat a few degrees closer to the outside temperature, especially on extreme weather days. On the hottest and coldest days, your heating and cooling equipment must work much harder and use more energy to maintain the same temperature. Add an extra layer of clothing or cozy slippers in winter, and lighter layers in summer.

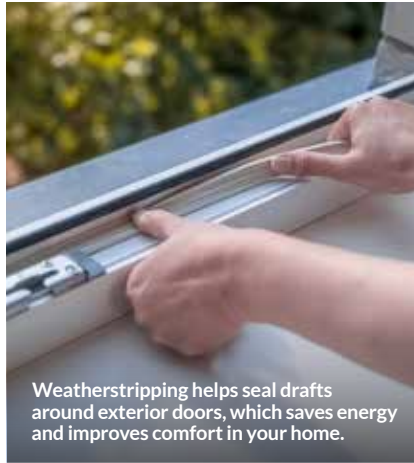
Address water leaks. Fix any hot water leaks or dripping faucets. Those tiny drips can add up to big energy waste, not to mention water waste. If you need to hire a pro to fix it, turn the shutoff valve under the sink to stop the leak until you can get it fixed.

Choose cold water. Wash clothes in cold water to avoid using the energy required to heat it. Washing on hot or warm settings can really add up, especially if you have a top-load or older washing machine that uses more water.

Adjust water heater settings.

Adjusting the temperature on your water heater can save energy and money, too. Depending on the water heater, this is either an easy adjustment or something a little more complicated that requires removing access panels. If you don't know how, consult a professional.

Fill air leaks. Air sealing is a do-it-yourself, beginner-friendly project that improves comfort and reduces energy waste. For around \$20 and a couple of hours of time, you can fill



Weatherstripping helps seal drafts around exterior doors, which saves energy and improves comfort in your home.



Spray foam seals gaps around pipes to prevent cold air from traveling up through those spaces, causing drafts and wasting energy.



Do-it-yourself, beginner-friendly projects, such as weatherstripping around doors, help lower energy use at home.

gaps, cracks and holes to prevent air from leaking in and out of the home. From the inside of the home, seal the trim around windows and exterior doors with caulk for about \$4 per tube. Buy paintable caulk so you can touch it up when it dries, if needed.

A can of spray foam is about \$5 and seals gaps around plumbing lines. It's great for sealing gaps around pipes under sinks and in the crawlspace or basement. Cold air can travel up through those spaces, causing drafts and wasting energy. Air-sealing these areas earns bonus points for preventing insects and rodents from using these gaps to enter your home.

Spray foam is messy and nearly impossible to remove from whatever it touches, so wear disposable gloves and clothes you don't mind getting dirty, and use drop cloths to protect finished floors. Be careful if you're

working with spray foam overhead. If it gets in your hair, it's not coming out with anything less than a haircut. Move any items and clean surfaces of dust and debris in areas you intend to seal before cracking open a can. Put the can in a cardboard box to carry throughout the house so you don't leave a trail of spray foam.

Seal exterior doors. For \$10 to \$15, you can buy weatherstripping to improve the seal on exterior doors. If you can see light around doors or feel a draft between the door and the door jamb when the door is closed, weatherstripping will help.

Try these easy, low- and no-cost improvements to reduce energy waste and improve comfort in your home.

Miranda Boutelle writes on energy efficiency topics for the National Rural Electric Cooperative Association.

PRESSURE IS A PRIVILEGE

BY DARCY DOUGHERTY MAULSBY

What do you dream of? A new car? A bigger house? A grand vacation?

Beth (Schleisman) Montalvo dreamed of competing in the Olympics. She represented Team USA during the 2008 Paralympic Games in Beijing, China, as her parents, Larry and Violet Schleisman of Lake City, cheered her on from the stands.

As a non-athlete, I'm intrigued to learn how world-class champions like Beth think. She introduced me to a quote from Billie Jean King, one of the greatest tennis players of all time: "Pressure is a privilege."

Beth knows a lot about pressure. Her ability to harness this intensity is a big reason why the United States Tennis Association Hawaii Pacific Section's Hall of Fame presented Beth (a long-time Maui resident) with the Outstanding Player Award in November 2025.

"I felt alive again"

Long before this prestigious award, Beth was a farm girl from west-central Iowa who enjoyed cheerleading, track and water skiing. She spent her summers working as a lifeguard at the Lake City swimming pool. She also worked part-time as a certified nursing assistant (CNA) at the local care center.

"I learned a strong work ethic, dedication and honoring your word," said Beth, whose father would take her to work on a snowmobile if a winter storm blocked the roads.

After graduating from Iowa State University, Beth became a math teacher. Then came March 30, 1991.

Beth, her boyfriend and other friends were riding four-wheelers in the sand dunes near Las Vegas. Something went horribly wrong, and Beth's four-wheeler pitched forward. "I hung on and felt my back snap," she recalled.



Beth (Schleisman) Montalvo, who received the United States Tennis Association's Hawaii Pacific Hall of Fame Outstanding Player Award, is shown here with Executive Director Ron Romano in 2025.

Beth, 25, spent nearly five years trying to re-learn how to walk. While she eventually realized she could get around quicker in a wheelchair, she had no interest in wheelchair sports. "In my mind, playing wheelchair sports was admitting that I was going to stay in a wheelchair the rest of my life," she said.

That changed when another "wheelie," named Billie Eddins, came to the Las Vegas school where Beth worked, teaching adaptive physical education. He convinced Beth to try wheelchair tennis. "I fell in love with the freedom of moving around on the court," she said. "I felt alive again."

The player who serves well seldom loses

While the birth of Beth's son, Jacques, in December 1996 put tennis on hold, the U.S. Open in the late 1990s rekindled her interest. By 2000, she was touring full-time, competing in tennis tournaments across the U.S. and around the globe, from Australia, Asia and South Africa to Europe and South America.

Along the way, she learned a lot about life. "The better physical shape I'm in, the better I feel about myself. The better I feel about myself, the more I can give to others," she said.



Giving guides Beth's life since she retired from competitive tennis in 2008. She's grateful her trainer, Scott Sanchez, shared the gospel with her. "Romans 8:28 was life changing," she said, referring to "we know that in all things God works for the good of those who love him, who have been called according to his purpose."

When massive wildfires devastated Maui in 2023, Beth helped organize relief efforts. She's active in her non-denominational church and participated in a church mission trip to Egypt in 2025. She also hosts weekly Bible studies in her home and facilitates Financial Peace University, a biblically based course that teaches money management. In her free time, she enjoys Hawaiian canoe outrigger paddling.

No matter what challenges come her way, Beth is living proof that pressure is a privilege – and champions adapt. "If there's a will, there's a way," she said. "Figure it out, make it happen."

Darcy Dougherty Maulsby lives near her family's Century Farm northwest of Lake City. Visit her at www.darcymaulsby.com.



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